



31st Annual CVNP Cross Country Invitational October 1, 2016

Hosted By: Woodridge High School and Middle School



MEET INFORMATION

Thank you for your entry into the 31st Annual CVNP Cross Country Invitational. Please take note of the following and call or email Jeff Howard at 330.928.7420 or jhoward@woodridge.k12.oh.us if you have additional questions or concern.

Updates/Changes:

- ♦ **Entries**—Entries will be handled through baumspage.com again this year.
- ♦ **Awards**- Awards will be presented at the conclusion of all of the middle school and high school races.
- ♦ **Location**— Kendall Hills (CVNP) at the Pine Hollow entrance off Quick Road.
- ♦ **Parking** – As in the past years, parking is not allowed on the street. We will run the several shuttle buses again this fall. Busses will pick up and drop from the High School. Please make your parents aware of this in advance! Athletes and coaches may be dropped off at the event site and then busses may be directed to Woodridge High School to park.
- ♦ **Fun Run**- This event continues to grow. This is a FREE 1-Kilometer race in which EVERY finisher gets a ribbon of completion. Many parents run along with the kids and it is a nice break between the middle school and high school divisions. Please encourage any students not yet in 7th grade to participate!
- ♦ **SCHEDULE FOR RACES (Below: Same as 2014)**

Additional Information

- ❖ Water will be provided for all athletes at the finish.
- ❖ Concessions will be available throughout the day.
- ❖ Invitational t-shirts will be for sale. The cost is \$13.00 for short sleeve shirts and \$15.00 for long sleeve shirts.
- ❖ There will be a D.J. announcing races and awards throughout the day.
- ❖ There are no locker room facilities available.

Event Schedule

- 8:00am Course Open for Inspection
- 9:30am Middle School Girls OPEN
- 10:00am Middle School Boys OPEN
- 10:30am Middle School Girls Team Race
- 11:00am Middle School Boys Team Race
- 11:30am Elementary FUN RUN
- 12:00pm High School Girls JV/OPEN
- 12:30pm High School Girls Varsity Race
- 1:00pm High School Boys JV/OPEN
- 1:30pm High School Boys Varsity Race